

## A prayer for July

As some of you know walking has become quite important to me since lockdown began back in March. I have walked more during the last few months than I have for some considerable time and I have been very much aware of God's presence with me as I have walked.

This is the prayer I have chosen, a prayer for the beginning of the day.

Lord, You walk beside me  
You are always there.  
Come be in my waking  
Go with me everywhere.

Lord, Your hand will guide me  
Your light will show the way.  
Come be in my thinking  
Be my guide today.



Pam Hunter